

Make a centenary charm bracelet



rough side the pictures you want.

Step 4

Colour-in your tracing or drawing using coloured pencils or permanent markers. Remember the colours will get darker when they shrink.

Step 5

Carefully cut out the shapes. You don't need to leave a border round your shapes but don't make them too intricate or they'll get misshapen. **Remember to punch a hole in each one!** It may look large now but the hole also shrinks – a standard hole punch works well.

Step 6

Now it's time to shrink. You can use a heat gun or pre-heat the electric oven to 175°C. Place the plastic rough side down on a tinfoil lined baking tray. Pop in the oven or heat under the heat gun. It will curl, it will twist and then it will go flat only then is it fully shrunk (it'll only take a few minutes). Very carefully remove the tray from the oven and carefully remove the plastic. Immediately place it on a worktop and press it flat using a book or similar. In a few minutes it'll be set flat.

Step 7

Gather your bits together and decide the order you'd like them on the bracelet. Use the jump rings to add your charms.

Step 1

The length of chain needs to be decided. Use a bracelet you already have decide how much chain you want or carefully measure your wrist. The chain is individual links so you can open them up and remove them as needed. Be careful though they are easier to take off than put back on!

Step 2

Carefully open a link at one end and add the silver lobster catch. Now the bracelet is ready to get charms added.

Step 3

To make the charms get the sheet of shrink plastic and trace or draw onto the

You could trace some of these promise badges to make your charms



Promise Badge from 1910 - 1918



Promise Badge from 1918 - 1921



Promise Badge from 1921 – 1931
Red- Land Ranger, Blue – Sea Ranger, Pale Blue- Air Ranger



Promise Badge from 1932 – 1965
Red- Land Ranger, Blue – Sea Ranger, Pale Blue- Air Ranger



Promise Badge from 1966 – 1994
Aqua Marine first used



Promise Badge from 1995 – 2001
Aqua Marine with white trefoil = Ranger
White with dark blue trefoil = Young Leader



Promise Badge from 2002 – now
Aqua Marine with white trefoil



Girlguiding Scotland Logo



World Badge